Published Date(s): Unknown Date
Title: October is Cybersecurity Awareness Month!
Message: October is Cybersecurity Awareness Month! This month we will focus on helpful tips and strategies for multifactor authentication (MFA), phishing awareness, password management, and software updates. Also, keep an eye out for some exciting activities that we have planned throughout the month. We are planning a cybersecurity fair, a townhall, and a Capture the Flag (CTF) competition that is open to all faculty, staff, and students. Join us in celebrating Cybersecurity this month to gain the tools you need to secure your digital life! You can keep track of activities we have planned on the Information Security website.
Website Link: https://is.richmond.edu/infosec/ncsam/index.html

Published Date(s): 10/13/2023
Title: Why be basic when you can MFA it?
Message: In the linked article, the author states, “Almost two-thirds of people use the same password across multiple accounts.” Reusing the same password increases the risk of a computer to be vulnerable to a compromise. Additionally, password lists are for sale on the dark web. If your password is on one of these lists, then all your accounts that use the password are vulnerable. Having just a password is basic security and it is recommended to add multi-factor authentication (MFA) whenever possible. MFA allows you to add an extra layer of security to any account. Duo is the MFA app used by UR. Through Duo, you will receive a push notification or a numeric code as your second factor. Don't be basic, MFA it, and be amazing!
Website Link: https://www.comparitech.com/blog/information-security/password-statistics/

Published Date(s): 10/18/2023
Title: 2023 Virtual Cybersecurity Townhall
Message: Have you ever wondered what exactly does the Information Security department do for the University of Richmond community? Or how would the IS department stop or respond to a cybersecurity incident. Join Chief Information Officer, Keith “Mac” McIntosh, Director of Information Security, John Craft, and Information Security Analyst, Svetla Walsh for a Q & A at the 2023 Virtual Cybersecurity Townhall on Tuesday, October 24 from 3:00 PM to 4:00 PM. We will discuss upcoming October/November events to include the following: in-person Cybersecurity Awareness Fair and the Capture the Flag competition.
Website Link: N/A

Published Date(s): 10/19/2023
Title: LastPass for Lattes
Message: When was the last time you remembered someone’s full phone number? For some of us 911 may only apply but kudos to those who could remember their parents or friend’s number. So how does that relate to password security again? Well, do you find yourself using the same password repeatedly whenever you create a new account? Or, using the classic “password123” for one’s login information. If yes to any of the above, then you may need some help in securing your online accounts. UR Information Services has provided all faculty, staff, and students a subscription to LastPass Premium Password Manager (retailed at $36/year). A password manager allows for you to have strong, unique passwords for all your accounts without having to write them
down or remember them. Also, the $36 you save can go towards a couple Starbucks lattes. Get your free LastPass Premium at the linked website.

Website Link: https://spidertechnet.richmond.edu/TDClient/1955/Portal/Requests/ServiceDet?ID=35278

Published Date(s): 10/19/2023
Title: How to “Capture-the-Flag” Webinar
Message: Are you interested or curious about cybersecurity? Would you like to learn new skills and become more confident in pursuing opportunities in the cybersecurity field? If yes to any of those, then consider joining us for the Cybersecurity “Capture-the-Flag” competition. An informational webinar will be conducted on Wednesday, October 25th from 3:00 to 4:00 pm EST to provide additional information for how you can join this exciting event. The webinar will also have a Q & A and provide additional resources to practice and prepare for the competition. The 2023 Capture-the-Flag competition will be conducted from November 4th to November 7th.

Website Link: N/A

Published Date(s): 10/20/2023
Title: In-person Cybersecurity Awareness Fair
Message: Come join us at The Pier on the ground floor of Tyler Haynes Commons on October 30, 2023 from 11:30 AM to 1:30 PM to celebrate National Cybersecurity Awareness Month! We will provide cybersecurity recommendations and tools to help you secure your digital life as well as have our popular password strength testing station. Additionally, we will be sharing information on how you and your friends can compete in the 2023 Capture-the-Flag Competition. Also, we will have some goodies to pass out to include stickers and candy! Bring a friend, learn something new, and keep being Spider Secure!

Website Link: N/A

Published Date(s): 10/20/2023 | 10/23/2023
Title: Virtual Cybersecurity Townhall Zoom Link
Message: Join Chief Information Officer, Keith “Mac” McIntosh, Director of Information Security, John Craft, and Information Security Analyst, Svetla Walsh for a Q & A at the 2023 Virtual Cybersecurity Townhall on Tuesday, October 24th from 3:00 PM to 4:00 PM. We will discuss upcoming October/November events to include the following: in-person Cybersecurity Awareness Fair and the Capture the Flag competition.

Website Link: N/A

Published Date(s): 10/23/2023 | 10/24/2023
Title: How to “Capture-the-Flag” Link
Message: Join the How to “Capture-the-Flag” Webinar on Wednesday, October 25th, from 3:00 PM to 4:00 PM EST. This event will have a Q&A and provide additional resources to practice and prepare for the 2023 Capture-the-Flag competition conducted from November 4th to November 7th.

Website Link: N/A

Published Date(s): 10/24/2023
Title: 2023 Virtual Cybersecurity Townhall
Message: Join us today on Zoom from 3:00 PM to 4:00 PM at the 2023 Virtual Cybersecurity Townhall. Chief Information Officer, Keith “Mac” McIntosh, Director of Information Security, John Craft, and Information Security Analyst, Svetla Walsh will host a Q & A on all things cybersecurity. Also, we will discuss upcoming October/November events to include the following: in-person Cybersecurity Awareness Fair and the Capture the Flag competition.

Website Link: N/A
Published Date(s): 10/25/2023  
Title: How to “Capture-the-Flag” Webinar  
Message: Join us today on Zoom from 3:00 PM to 4:00 PM at the How to “Capture-the-Flag” webinar. We will be joined by MetaCTF founder, Roman Bohuk, to learn more about the 2023 “Capture-the-Flag” Competition. This includes Q & A and additional resources to practice and prepare for this exciting event.  
Website Link: N/A

Published Date(s): 10/27/2023  
Title: Pumpkin Spice Season, Password Changes  
Message: Fall is finally here and along with getting your Starbucks Pumpkin Spice and Apple Chai Lattes, we recommend also changing your password. By changing your password every few months or each season, it minimizes the chance to have a compromised account. One of the easiest and best ways to create a complex password is using a password generator provided by those such as LastPass. In the linked article one can find detailed information on the above picked selection and more. Other reasons besides a new season to change one’s password is when there has been a data breach of an application being used. Also, when you no longer use certain accounts make sure to close them. Overall, enjoy Pumpkin Spice season and go change your passwords!  
Website Link: https://digital.com/password-generators/

Published Date(s): 10/30/2023  
Title: In-person Cybersecurity Awareness Fair  
Message: Join us today at The Pier, Tyler Haynes Commons Ground Floor from 11:30 AM to 1:30 PM to celebrate National Cybersecurity Awareness Month. We will provide cybersecurity recommendations and tools to help you secure your digital life as well as have our popular password strength testing station. Additionally, we will be sharing information on how you and your friends can compete in the 2023 Capture-the-Flag Competition. Also, we will have some goodies to pass out to include stickers and candy!  
Website Link: N/A

Published Date(s): 10/31/2023  
Title: 2023 Capture-the-Flag Countdown  
Message: We are three days away from kicking off the 2023 Capture the Flag Competition. On Saturday, November 4th at 1:00 PM EST the Capture the Flag event will start. You and your team members are allowed to access the Capture the Flag event at any time until it concludes on Tuesday, November 7th at 4:00 PM EST. All you need is a computer, access to the internet, and a team of one to four members. Prizes will be awarded to the top two student-only teams and the top faculty and staff team will receive Spider Secure t-shirts in recognition. Also, there will be a raffle for all participants who complete a challenge, and all participants will receive a Certificate of Completion. Get ready to have some fun and stay Spider Secure!  
Website Link: https://sl.richmond.edu/n8